



7th District Branch Report **February 2022**

The 7th District Branch has been involved in the following issues and activities:

MCMS Physician Wellness Symposium on Well-Being and Burnout Prevention: the MCMS, in conjunction with the University of Rochester and the Rochester Academy of Medicine held its **1st ever Physician Wellness Symposium on Wednesday, February 16, 2022, from 8:30am-1:00pm.**

Over 190+ physicians registered for this **virtual** symposium that brought together academics, educators, and practitioners from a variety of fields for a collaborative, multidisciplinary exploration of the ways to support the well-being of clinicians, faculty, and learners, and to share best practices.

Keynote and Short Communications Included:

Keynote address: Dr. Lotte Dyrbye, Director, Academy of Educational Excellence, Assistant Dean, Faculty Development, Mayo School of Graduate Medical Education, Co-Director, Program on Physician Well-Being, Professor of Medicine and Medical Education, Consultant, Division of Primary Care Internal Medicine, Mayo Clinic
Topic: *"Well-being 2.0: Moving Forward with Impactful Strategies"*

Local MCMS & MSSNY speakers:

1. Dr. Mike Privitera, Dr. Art Hengerer:
 - a. **Topic:** *"Improving Well-Being and Reducing Burnout Among Health Care Workers: National, State, Local and URMCI Updates"*
2. Dr. Frank Dowling:
 - a. **Topic:** MSSNY's *"Peer to Peer Program"*

This Symposium was a huge success with evaluations revealing a 50% survey response rate and a 94% overall satisfaction rate.

Dr. Susan Danahy, President, MCMS Board of Directors and Lucia Castillo, CEO, MCMS are deeply grateful to Dr. Privitera, Dr. Art Hengerer, Dr. Frank Dowling, Pat Clancy and the MSSNY team for their support and participation in this event!

MCMS Physician Wellness Committee: the MCMS is launching a Physician Wellness Committee to focus on Organizational/Systemic and individual-based Interventions. This Committee will be chaired/led by Dr. Mike Privitera with interest, commitment and support from the University of Rochester and Rochester Regional Health systems.

MCMS Advocacy: The MCMS has scheduled an afternoon of legislative meetings with local legislators on Tuesday, March 8, 2022, from 12:00pm – 5:00pm to discuss issues impacting physicians and patients including: Telehealth Service & Payment Parity, Preauthorization Reform, Collective Negotiations, Private Practice Sustainability and Physician Well-being.