



MEMORANDUM

MEDICAL SOCIETY OF THE STATE OF NEW YORK

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October 18, 2019

To: MSSNY Council

From: MSSNY's Committee on Quality Improvement and Patient Safety
MSSNY's Committee on Physician Wellness and Resiliency

Subject: Resolution Supporting MSSNY Involvement in AMA's Practice Transformation

MSSNY's Committees on Quality Improvement and Patient Safety and Physician Wellness and Resiliency met on September 25, 2019 and October 18, 2019 to discuss the Physician's Foundation/AMA Practice Transformation Initiative. At the Committee on Quality Improvement, members viewed a slide presentation on the Practice Transformation Initiative—Solutions for Increasing the Joy in Medicine which was presented by Nancy Nankivil, director, AMA's Practice Transformation and Ms. Bernadette Lim, project manager, AMA Practice Transformation.

Ms. Nankivil talked about how the three state medical societies—Washington, North Carolina and New Jersey—have become involved in the project. She also spoke about what research was shown about the prevalence of burnout. While the national burnout survey is now under 50%—more needs to be done. The three states identified various organizations—hospital institutions, large practices, etc. that agreed to adopt an intervention such as pre-visit planning, synchronized Rx renewal or pre-visit laboratory testing over the course of one year. She indicated that once the medical society identified organizations to adopt practice transformation, there were a series of webinars, coaching calls and virtual community with the organization that were also required. The states were also required to implement a baseline assessment using the Mini-Z survey—which was used periodically throughout the years. There was a post-measurement that was also put into place. The three states involved have seen a decrease of 10% of physicians reporting burnout. Should MSSNY decide to participate in this program, first steps include development of a contract between MSSNY and the Physicians Foundation and MSSNY recruitment of the organizations who agree to adopt an intervention. Dr. Willie Underwood put forth a resolution supporting MSSNY involvement in this program; the resolution passed unanimously.

During the meeting of the MSSNY Committee on Physician Wellness and Resiliency, Dr. Charles Rothberg, past MSSNY president, and co-chair of the Committee reported on the AMA Practice Transformation Boot Camp that he and Pat Clancy, Sr. Vice President for Public Health and Education, attended in September regarding the AMA transformation initiative. Ms. Clancy also attended the American Medical Association, Mayo Clinic and Stanford University's American Conference on Physician Health™ (ACPH) following the boot camp. The purpose of boot camp was to learn about and to promote effective change strategies and workflow interventions with the intent of improving practices and/or organizations. At this meeting, information was also provided on the various interventions that organizations/practices have implemented in response to physician burnout.

The committee also discussed the slide set that Ms. Nankivil provided to the Quality Committee and Dr. Rothberg indicated that the proposed practice transformation is just one aspect related to physician wellness that MSSNY is involved with. The other components include an educational program that has been approved for CME. This educational program will incorporate the AMA's slides from the "Steps Forward" program and the possible use of the Mini-Z survey to assess physician's level of burnout. The other component is the development of a MSSNY physician peer to peer program. All of these efforts are taking place together. Dr. Rothberg assured members that all components will be developed with the aim of ensuring flexibility into the programs. Members agreed to support the resolution that was put forth by the Quality Improvement and Patient Safety Committee.

The following resolution is before the MSSNY Council for action:

RESOLVED, That the Medical Society of the State of New York become involved in the American Medical Association/Physician' Foundation's Practice Transformation Initiative and that it seek appropriate resources for this endeavor.

(FOR COUNCIL ACTION)