



Medical Society of Jefferson County  
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**Fifth District Report to the MSSNY Council Meeting**  
June 22, 2017 (Report last updated June 8, 2017)

The Fifth District includes Cayuga, Chenango, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, and St. Lawrence Counties.

I attended the annual St. Lawrence County Medical Society Meeting on May 11, 2017 in Potsdam, NY. I am planning on attending the AMA Annual Meeting of the House of Delegates from June 10-14, 2017 in Chicago, IL, the Executive Council meeting of the Onondaga County Medical Society (OCMS) on June 20, 2017 in Syracuse, NY, and the Oswego County Medical Society Annual Meeting on June 21, 2017 in Oswego, NY. I also have arranged Assemblywoman Addie Jenne to present at the Samaritan Medical Center medical staff meeting September 12, 2017. I have continued to report on each Council meeting to all staffed (9 of 10) counties in my district.

Brenda Van Nest, MSSNY Upstate Outreach Representative, and I were planning a formal proposal for presentation to the medical staff of Samaritan Medical Center in Watertown, NY at a quarterly staff meeting March 14, 2017. Unfortunately, the medical staff meeting on that date was cancelled because of inclement weather. We plan on rescheduling our presentation to a future medical staff meeting.

The following was furnished by James Coulthart, Executive Vice President of the OCMS:

MATTERS OF NOTE  
ONONDAGA COUNTY MEDICAL SOCIETY

- Monthly sessions of the wellness programs for physicians have been conducted since March and will run through August. In all there will be a total of six sessions. The series is entitled ***The Quality Zone: Strategies for Physicians to be their Best to Achieve their Best (and not Burn Out)***. Dr. Mickey Lebowitz and Ron Fish, PhD are conducting these programs. Attendance at sessions has drawn an audience of a dozen physicians & spouses/significant others. These series of programs deal with knowing one's stressors and how to center oneself throughout the day. Also included are tips on managing the work environment, dealing with difficult patients, and the work culture of Medicine.

These programs are being conducted in cooperation with Crouse Hospital with 2 CMEs will be available for physicians per program. It is being conducted free of charge and is open to all physicians in the Syracuse area, both members and non-members, and their spouses/significant others. Refreshments and corporate support are being supplied by Bankers Healthcare Group.

- OCMS continues to seek new physician members by establishing and cultivating ongoing rapport with area practices and Syracuse area hospital key staff members. Toward that end, EVP Jim Coulthart and MSSNY's Outreach Representative Brenda Van Nest have made joint presentations to new key staff at the St. Joseph's Medical Staff office and Medical Diagnostics Resources (physicians group) and will be cultivating those new relationships. In addition, incoming OCMS President Dr. Brian Johnson and EVP Coulthart have met and are establishing a relationship with the new CEO and President of St. Joseph's Hospital, Mr. Leslie Luke.
- The 6<sup>th</sup> Annual Ask the Carriers Conference took place on May 11<sup>th</sup> with key area health insurance providers making presentations and answering questions of 80-100 office staff personnel. Newly formed Molina Healthcare was present as was a representative of the New York State of Health Exchange. In addition, over two dozen practice related table vendors shared information about their products & services at this daylong event. New this year was a document shredding service which shredded up to 500 lbs. of documents free for attendees.
- Plans and preparations are well underway for the staffing and logistics involved with the MSSNY/Anesthesia Society Booth at the New York State Fair. This year the Fair has been extended for an additional day to a total of 13. It will run August 23-September 4. OCMS welcomes volunteer physician participation from throughout the state in staffing the booth. Simply contact the OCMS office at 315-424-8118 or send an e-mail to [jcoulthart@oncms.org](mailto:jcoulthart@oncms.org). OCMS is proud to be providing the on-site support for this important public medical outreach effort.

Respectfully submitted,

Howard Huang, MD, Jefferson County, 5<sup>th</sup> District Councilor